HOVER OR GROUND?

Compare your putting start

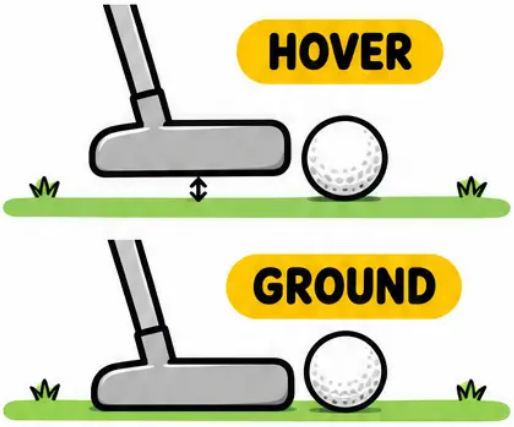
1 CHOOSE A SHORT PUTT

Choose a short, straight putt. Use your normal stance and grip.



2 TRY BOTH STARTS

Play nine putts with the putter hovering. Play nine with it grounded.



3 COMPARE YOUR NOTES

Record strike and comfort for each method. Complete 18 attempts in total.



Nine each way • 18 attempts

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Practise smart. Track your practice on your phone. See page 2.

Your putting comparison

Hover or Ground: Compare Your Putting Start

Play nine putts from a hovered start and nine from a grounded start. Count completed attempts and compare strike and comfort for each method.

Date: _____ **Location:** _____ **Distance:** _____

1. **Choose one short putt**

   Use a short, straight putt and your normal grip and stance. Keep the starting position the same for both groups.

2. **Compare the two starts**

   Play nine with the head just clear of the surface, then nine with it resting lightly on the ground before the stroke.

3. **Record your notes**

   Count all 18 attempts, including misses. Compare how contact felt and which start was more comfortable to repeat.

Tick one box for each completed putt.

Nine hovered starts plus nine grounded starts. Holed putts earn no extra points.

PUTT	1	2	3	4	5	6	7	8	9	TOTAL
Hovered										/ 9
Grounded										/ 9

Same short putt and familiar setup for both methods.

COMPLETED: ___ / 18

What did you notice?

Hovered strike / feel: _____

Grounded strike / feel: _____

Practise smart. Track your progress.

Swap pen and paper for your phone. Record your practice in the Golf Practice Made Fun App and track your progress over time.

Explore the App

Already a member? Save today's practice in the App.

Scan to explore

Read the full guide

Watch the demonstration